



EDUCATION  
MATTERS

EDUCATE KIDS



Education  
today

*Adolescents  
Wellbeing*

## EDUCATION AND SCHOOLING

### PROVIDE SUPPORT

Schools should support students continuously, provide positive feedback, give students a sense of acceptance and intervention in problematic areas.

### MOTIVATE STUDENTS

Schools can help students develop skills and foster high resilience within stressful situations. Teach how to problem solve through self-evaluation strategies. Show them how to value academic success through internal motivation skills.

### TRAIN EDUCATORS

Educators who continuously to structure actual informational flow and who are IT affiliate, can better support students and are good role models. Use of proactive approach in classes can motivate students and improve their social skills.



Adolescents is one of the most challenging times in the development of a person, not only that teenagers develop psychologically but also biologically. The importance of support and advice in schools is very important. Rapid technological changes need to be adapted in schools. **Considering the automation in the next 20 years it's been suggested that 47% of people will be affected.**

**Helping students develop good skills in many areas and managing stress, coping strategies could be a new mission for Schools and Educators.**

### CREATE YOUTH FRIENDLY MATERIAL

Material that is youth friendly can improve the grades significantly. Introducing discussion based classes and exploring complex and challenging issues can help to overcome lack of motivation and students can value school life as one of the most important and interesting times in their lives.

### INCREASE IT LITERACY

Transformation uses for student and teachers are the way to go. Use of modern technology such as laptop, tablet, and smartphone is important in today's modern world. IT literacy is a prerequisite for success. It can act as a great problem solving tool.

### PREVENT BULLYING

Information and awareness about bullying is crucial. A safe and supportive school climate can help prevent bullying. Safety starts in the Classroom. Everyone can help!

### FOSTER SELF-ESTEEM

Adolescents experience rapid psychical and biological change. Schools can provide students with opportunities to develop their self-esteem, experience a sense of competences and belonging with supportive educators.

### PREVENT STRESS

Stress can cause significant pressures in a student's life and later in working life. Schools can intervene by teaching methods in developing skills, how to cope with a problem. In turn this can lead to self-generated approval that raises self-esteem and resilience level.

### MINIMISE RISKY HABITS

Schools can prevent risky habits through regular student monitoring policies and information lessons. Substance abuse can be minimized or eliminated by reinforcement values and expectancy levels.

**Students that feel supported and motivated in their school are more likely to do well and make healthy decisions**





## DID YOU KNOW ?

That good school support leads to better results and increased results among students

Higher academic outcome and better choices for third level education

Work experience and internship benefit students and lead to healthy decision making

Communication and coordination across schools and institutions lead to effective school management

Strong positive connections with teachers and adults eliminate risk taking behaviour

# Create a vision

for classrooms where innovation and inquiry are at the core instead of at the edges. Make time for regular discussions on what changes are happening and reflect on how to make new systems and practices in school more sustainable.

## DID YOU ALSO KNOW THAT OUTSIDE THE EU?

In many countries, public school has to be paid.

The costs of students books and teachers payments are paid by parents.

Millions of school-age children are still denied the right to education.

More then 100 million children of school age children are not visiting school.

More than 200 million children do not attend secondary school.

Illiteracy is highest amongst underprivileged children.

Over 50% of school adolescents who do not participate are girls.

## EDUCATION MATTERS

Please see Bibliography in Part A